

# LAMDA Knowledge Helpsheet

## Public Speaking Grade 7 (Silver)

**Speech 1:** The Learner will deliver a prepared speech from memory examining a **moral or ethical issue** of their own choice.

**Speech 2:** The Learner will deliver a prepared speech from memory on a subject of their own choice.

### Exam Questions:

The learner will answer questions on the following:

- 1) The value of pause, emphasis and clarity of speech
- 2) The techniques required for effective audience communication (including eye contact, use of note cards and body language/stance)
- 3) The research undertaken to prepare the chosen speeches.

### The value of pause, emphasis and clarity of speech:

- Pause allows the listener to think about what you have said and also to follow what comes next. It is also useful for impact and to make certain points stand out and create drama.
- Emphasis helps your audience to really tune into the important parts of your speech or the important parts of a sentence. It helps them to remember the key points.
- Clarity of speech allows your listener to grasp the message that you intended to communicate. Using precise language and a well structured speech will help make your messages clear. Diction, pronunciation and projection are also very important.

### The techniques required for effective audience communication (including eye contact, use of note cards and body language/stance)

- Good eye contact helps you connect with your audience and lets them connect with you.
- Note cards help you to remember what comes next in your speech and ensure you get all the points in that you wanted to talk about. They also make the audience feel confident and comfortable that you're not going to forget what comes next. This helps your audience to relax and take in what you're saying.
- Good posture and a confident assured stance will help your audience feel comfortable. Keeping your body open and not crossing your arms also helps the audience to connect to you. You can also gesticulate and move to keep your audience engaged, but you want to make sure your movement isn't distracting.
- Good diction and use of your voice is also really important for audience communication. You need to be engaged and animated about your topic so that your audience can connect to what you're saying. If you spoke in monotone, and dropped off the end of every sentence, it would be very hard for your audience to follow along.

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### **The research undertaken to prepare the chosen speeches**

- Here you will talk about what research you did to write your speech. I encourage all my students to give **3** different examples. You **MUST** be specific. You cannot say "I used the internet" Or "I googled". Tell the examiner what websites you went to and who wrote the article that you read. Did you read any books about this topic? Watch a Ted Talk? Watch a documentary on TV? Talk to someone you know? Remember, all of these things count as research. Try and note them down as you go along to make answering this question much easier.

### **Exam Prep Tips**

- Cue cards – I suggest buying some proper cue cards (they're often called record cards). You can pick up a bunch on amazon cheaply and they'll probably last you through all of your LAMDA exams.
- Speak your speeches out loud and time them – they must not exceed 4 mins. If they are over 4 mins, you will need to edit them again.
- Put both speeches on cue cards (flash cards). Only write on one side of the cards and number them in one of the corners so they're easy to keep in order. Once you have finished one speech, get it on to cue cards right away so you can start practicing.
- You must have a visual aid for one of your speeches and it must be well integrated into your speech. As soon as your speech is finished, get your visual aid sorted.
- Practice practice practice! Practice your speech **AND** the knowledge section **OUT LOUD**. So many students do not practice the knowledge section out loud. The knowledge section should be a natural conversation, so don't write down and rehearse a 'script', just ask one of your grown ups to ask you the questions so you can practice answering them.
- Remember - detailed answers get full marks.

Relax and enjoy performing